

EDUCATION AND CONSULTATIVE SERVICES

PRESENTATION FORM

of UPMC Western Psychiatric Hospital

Presenter Bio

Please include your full name, credentials, degrees and information about your position and place of employment. **Please send a copy of your CV along with this completed form.**

Shelly A Kucherer, MD is an assistant professor of psychiatry at the University of Pittsburgh School of Medicine, Western Psychiatric Hospital. She also is the associate medical director of the Center for Autism and Developmental Disorders Adult Outpatient Clinic.

She obtained her BS in biological sciences and psychiatry from Carnegie Mellon University and obtained her MD from New York Medical College. After completing her MD, she completed her general adult psychiatry residency and her consultation liaison psychiatry fellowship at the University of Pittsburgh Medical Center.

Dr. Kristen Ehrenberger is an Internal Medicine/Pediatric Specialist who is the Director of the Progressive Evaluation and Referral Center (PERC) at UPMC.

Shannon Fazio is a parent of an adult autistic son and cancer survivor.

Christine Brookins is a parent of an adult son with special needs. She is also the founder of Outspoken, which provides education around, and advocacy for, members of the disability community.

Tomar Pierson-Brown is a Clinical Assistant Professor of Law and Director of the Health Law Clinic at the University of Pittsburgh School of Law.

Name and Narrative Description of your Presentation

Please determine if it is introductory, intermediate, or advanced.

Medical decision making and transition age youth: a panel discussion

This will be a discussion with panelists from diverse backgrounds that will discuss things to consider for medical decision making as patients transition from adolescence to adulthood.

Introductory

Three (3) learning objectives

By the completion of this session, participants should be able to:

Learning Objectives:

1. Distinguish between different types of medical decision makers including POA versus guardian and the pros and cons of each.
2. Discuss a typical ideal timeline for when to start deciding on medical decision making with transition age youths along with specific models and processes to help with the transition and how planning can help lead to healthier outcomes for youth and families
3. Consider unique challenges that occur as people with autism reach adulthood (including things like having other people involved in appointments, setting up appointments, access to records).

Three (3) current (within the past 10 years) peer-reviewed publications that support the evidencebase for the content of your presentation

Publications must be listed in American Psychological Association (APA) Style (see www.apastyle.org for more information).

APA format for journal article citation:

Author last name, Author First Initial. Author Second Initial. (Publication Year). Title of article. *Title of Journal*. volume(issue) (if issue numbered), pages.

Hyman SL, Levy SE, Myers SM, AAP COUNCIL ON CHILDREN WITH DISABILITIES, SECTION ON DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS. Identification, Evaluation, and Management of Children with Autism Spectrum Disorder. *Pediatrics*. 2020;145(1): e2019344.

Lipkin, Paul H., et al. "Promoting optimal development: identifying infants and young children with developmental disorders through developmental surveillance and screening." *Pediatrics* 145.1 (2020).

Lord, Catherine, et al. "The Lancet Commission on the future of care and clinical research in autism." *The Lancet* 399.10321 (2022): 271-334.

Hirota T, King BH. Autism Spectrum Disorder: A Review. *JAMA*. 2023 Jan 10;329(2):157-168. doi: 10.1001/jama.2022.23661. PMID: 36625807.

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